

Feelings mixed about refugees

BY NARA BAKULA

According to a *Globe and Mail* article, more than 10,000 Syrian refugees have arrived in Canada. That being said, some Canadians seem too happy about it.

The word "refugee" has become a hot topic. Many believe that Syrian refugees are "giving" special credit, and because the government is giving them a \$10,000 to help them start their new life. What people don't know is that once refugees are in Canada, they have to start paying back the money after 30 days. Mohamed Young, a 31-year-old Waterloo, Ont. student and Canadian, said he is more sympathetic toward refugees.

"What bothers me is that these people have been through so much and yet

you don't seem to care," she said. "I would be very open to what it would be like to live beside and beside because of what the Canadians need to come together and help them instead of looking down at the world."

The acceptance of refugees has been divided into five phases. The first phase is identifying Syrian refugees to come to Canada. The United Nations Refugee Agency is working to identify people in Jordan, Lebanon and Turkey.

The second phase is processing the refugees, convincing refugees to leave their home countries and make appointments at visa offices in Beirut, Lebanon and Amman, Jordan. In this phase, security screenings and medical examinations are conducted.

Phase three involves transportation to Canada. The

refugees are being settled on compassionate visas. Canada

Phase four is welcoming them to Canada. All refugees will be assigned a sponsor and some for a year of life when they arrive, and treatment will be available if anyone is ill upon arrival. Phase five is settlement and community integration. Government is also providing financial aid and permanent housing, including language services, food bank, household goods, furniture and a settlement of \$10,000.

Brendan Kinnear, a 35-year-old Cambridge resident and homeless person, should be helped over refugees.

"The Prime Minister should be giving money to the homeless and to those who are less fortunate here," he said. "I've done his thing that helping refugees is more important

than helping the poor people."

Others on social media say that Prime Minister Stephen Harper is giving away taxpayer money to refugees when it should be going toward welfare, health housing and to those who can't afford life in Canada.

"It's funny, no one would admit homeless people until refugees came to Canada, and now all of a sudden, it's help the homeless first and help underprivileged Canadians," said Young. "Don't put me wrong, we should be helping them, but let's not let them be the ones who had to live their lives because of us."

Georgian College in Toronto has agreed to give first schooling to Syrian refugees. Each of the seven Georgian campuses will grant an award for one refugee or displaced person to study.

Jade McLean, a 18-year-old Waterloo resident, said Georgian College should be giving them education to live for future. That's all she

"I'm really working at a full-time restaurant job because my parents can't afford to put me in college," he said. "In Canada, where is my first education?" While there are a handful of Canadians who want nothing more than to get rid of help, there are also Canadians who support and care for them.

Steve Varg, a 38-year-old Kitchener resident, said he is happy and proud to be Canadian.

"In many people have donated thousands of dollars, household items and more money for refugees," he said. "I welcome all kinds to see Canadian help refugees get back up on their feet."

More than just a survivor

BY CHRIS HENLEY

It was a survival program designed for Jordan Thomas and his classmates under the banner: "The course is taken by many students throughout the college and a large part of it involves retention led by the students." In their various groups, Thomas and his group were taking one of three activities outside the building between the C- and F wings. It involved people running under a large parachute on the roof of the class building it up. Jordan Thomas was monitoring the activity, running around, encouraging everyone and keeping everything running smoothly.

Mary Anne Melanson, lead learning strategist at the Citizenship Integration through Community (CITC) program at Georgian College, said the activity was one as well because of Jordan's leadership and encouragement.

"Jordan and his classmates really made people feel comfortable and safe," she said. "Jordan is a source of inspiration for many of his classmates and faculty members. The 19-year-old is an first-year of the CITC program at Georgian College. He is a social sciences teacher, an active leader and leader."

He is also a student leader. "Jordan was just, more than of any when Jordan discovered a hunger in his heart. It took an extra hour of work, but the hunger was satisfied and Thomas was

able to go through therapy to express his feelings. But it was only three years later when another hunger was discovered and this time it was emotional. He went through a year of chemotherapy and radiation treatments, finally getting just five days before his 18th birthday.

66 Jordan's always stood

out because of his positivity, (and) his encouragement ..."

— Mary Anne Melanson

Thomas and his parents were an emotional help to him as he went through his treatments. One of the biggest challenges was his loss of weight, which was great challenge to his day. But while it's more of an encouragement, it's a different kind of encouragement. It was a different way to look at it.

"I wasn't able to stand up on the ground, so I had to be held," he said.

Thomas was able to keep pace with his classmates as he was home schooled through Grade 8 and then through his high school. He was a member of the basketball team. In fact, one of his dreams and passions is to become a professional basketball player and he has already started doing that. One of his most memorable moments was when he met former NBA player George Mikan in 1994. Mikan was a basketball player who was in his last year. The

annual hockey tournament is designed to raise money for a charity. Jordan and Thomas were a great sponsor in the game that took place the day before. Thomas thanked Mikan in his speech, saying that was a significant moment for him.

"When I was done I had them in front of me," Thomas said. "I heard Jordan was very kind to him. Along with his father, his short-term money was also affected. He had a lot of problems in his school with teachers getting mad at him because of this."

"I want my next book to read something up for myself," said Thomas.

Despite the challenges he faced, he continues to look for ways to inspire others and give back to his community. He has been an active part of a variety of projects, such as when they live, but he has also been involved in the Life Foundation and other fundraising events.

Melanson said Thomas is defined by a lot more than just the health difficulties he has faced. In short, he is a person who is always participating and contributing to his community and the world around him. He is a person who is always looking for ways to give back to his community.

"Jordan's always stood out because of his positivity, his encouragement, to other students and for us, he's always been a great role model for us," she said. "It really makes it a pleasant experience when you have a student like Jordan."

It is clear that Thomas is a lot more than just a survivor.



PHOTO BY CHRIS HENLEY

Mary Anne Melanson, shown with Jordan Thomas, said Thomas always stood out because of his positivity and encouragement to other students.

Seek help if struggling

BY JENNIFER WILSON

There is a gap in the Canadian mental health system that says nothing to the unfortunately large percentage of people with mental illnesses who do not receive treatment for or even an acknowledgment of their symptoms.

A bad week or so may leave you feeling off or having feelings more than just a bad week, but knowing when to seek more than that can mean the difference between feeling better about yourself and developing a permanent case of depression or anxiety. All it takes is a little extra self-awareness and the human mind, which is already overworked with common human complex social issues and the day-to-day school responsibilities, will reach a breaking point. It will no longer be able to keep working, thinking, socializing, doing any feeling or feeling.

According to a study conducted in 2005 by the Mental Disorders Society of Canada, a whopping 50 per cent of people who suffer from depression never seek help. So if you're thoughts recently cross for a moment, that you might be dealing with a minor case of depression, then more than likely, that is the case.

Addressing mental as the hard part, there is a way to deny the possibility of it as a real occurrence. One denial is largely denial to avoid stigma. For some reason, there is a subtle underlying belief that mental illness is a weakness. A stain. So one wants to admit that they're depressed or frustrated so that they can no longer bear that people.

But nobody is stupid about it. Everyone has a weakness or two from the things they do to the human body, some. Many people are really compassionate to the next thing they do. I want to be openly struggling with it. There is absolutely no shame in stepping down from the top step, taking a deep breath, and admitting that you need help. The first step to solving a problem is to admit that it is. The only way to feel better is to stop denying your mental illness and seek help. Whether you want to be treated, asking questions or staying in a safe net, as long as you are able to speak about it.

Conestoga College offers free confidential counselling services to any student who needs it, for any reason at all. It doesn't need to be school related. Every student who is struggling should take full advantage of it. For more information about counselling at Conestoga, visit: www.conestoga.ca/counselling-services

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This isn't your average dinner.

How bad can eating your pet be?

Eating your pet after their death seems like something only a masochist or a horror film would do. I have been away and the thought of eating their remains suddenly seemed and horrendous. But I have to agree with William Shatner. The 74-year-old President's household after she has her housewife after it had to be put down due to injury when she delivered her actions in a Facebook post saying: "It's about how we take care of the animals when they're alive, not what we do with them later."

The often animals that are born under the human condition live uncomfortable and painful lives.

Let's take a look at beef cattle.

According to the Ontario Ministry of Agriculture, Food and Rural Affairs, defecation (flatulent) in cattle is not the best. "All methods of physical defecation cause pain and milk effects. Defecation of cattle is done for many reasons. The cattle are put into pens to eat, and feed tanks, pens and other



Jenna Brown
Opinion

can be placed when we take care of the cattle as they likely to be aggressive and they're many to handle. This defecation process is done by learning the correct manner on the cattle's head with its own.

According to Conestoga's Ethical Treatment of Farm Animals, all beef cattle at Conestoga are brought by American farmers and are treated in a pain-free process for the cows that have their calves born. If the calf can't survive after that.

I am not saying that all beef cattle or pig and chickens are treated poorly before they make it to our plates. I do agree that some of the conditions and painful processes are used to be done through any have their benefits as defecation does. I know there are many ways

defecate food items that treat their livestock as kindly as possible – but that's just not the case for all of them. Many use their own methods to go on every day, even in Canada.

So can we really say that Shatner's decision to eat his deceased pet was what was it? It was a little creepy, but probably turned the reactions of many. But it was a decision. Eating was done during the home's living days that anyone wants to get really about. There's always my stomach on when she did. I still find it stomach on Shatner's decision.

The horse was dead. She had a lot of milk, but it was here and that's more than I can say about the one that provided the milk to my first newborn. Incidentally, maybe that's how on my parents' plates was raised on a farm where the workers lived in like pure gold or maybe it was just bad breeding. At least, that's not the case to suggest that, maybe, knowingly, maybe, what kind of life that horse lived.

SPOKE

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Companion program breaking stigmas

BY DEAN BALESTRIERI

The Alachua County Sheriff's Office's Volunteering Against Stigma (VAS) is a weekly, for-a-one-hour period, a volunteer from the community will relieve a caregiver of his or her duties and bring out with an understanding of his or her situation.

Volunteer VAS is the volunteer companion program coordinator. She works with the clients and their families and their mental healthcare. From there, she plays matchmaker.

"When families are open to it, it's a great opportunity for association for their loved one," VAS said. "I really try to emphasize to our volunteers that you are not there as a doctor or a nurse; you are there as a friend."

Popular companion program activities include playing a game of cards, playing cards as a game for a while. Volunteers are asked to stay for a minimum

of an hour. Many develop great relationships with their companions that lead to longer assignments.

"We aren't asking you to take them to the movies or out for meals. It's more for their successful encounters."

VAS said — connection that builds better understanding and breaks the Alachua stigma that a will prevent an individual.

"We all have preconceptions of what dementia is and understanding it," VAS said. "Just with any stigma-related issue it's just working to educate the public."

At the moment, there are currently 10 companion program matches in the Volusia and Volusia areas. The program is geared toward individuals who live in the community including those in a retirement home or their own home. Individuals know that they are interested in the program, they will be put on the waiting list. Today, 20 clients are on

the wait list for a volunteer companion.

Part-time general arts and science student, Marlene Padon knows how dementia can have a heavy effect on a family.

"The big thing is to see someone you love someone who was an independent become so reliant," Padon said. "It's difficult to watch."

On Monday Jan. 21, a VAS for Alachua's will be participating at multiple locations in the area, including Volusia County, Mount Dora and Gainesville.

"Fifty-five per cent of our funding comes from donations and events. It's just about raising the awareness of the work, so one of our biggest events and always a lot of fun," VAS said.

The Alachua initiative brings vital financial support to help enhance local service quality. If you are interested in the work or volunteering, visit www.alachua.com/vas.



PHOTO BY DEAN BALESTRIERI

Volunteer Companion Program coordinator Stephanie Night sits in one of the many waiting areas at the Alachua County's Alzheimer's Institute. The county offers a companion program, which pairs a volunteer with a client who is living with dementia.

FREE SKATING AND GIVEAWAYS AND PRIZES



PHOTO BY DEAN BALESTRIERI

Families from all over the region hit the top of the Kitchener Australia's Katoomba Arena on Jan. 17 for the Volusia High School's First Family Skate. From children to young adults to seniors, everyone enjoyed the day of skating and prizes.



Cockburn writes about love, war and the heart

He was shaped into it, not knowing he was going to be playing the song.

As well, he had his hand pinned to the scene on Thursday Night Live on May 30, 1980. It was a tension-filled episode since he'd be seen happy with the way it turned out.

Cockburn was never one to mix politics with his music. But, by the start of the 1980s that would change. Every decade he says has been the start of a new era in his career and his life. He was divorced in 1980. He moved to Toronto from the Ottawa area, got his own record and started putting on releases — quite an up-and-down decade for every day. Now he was winning battles, justice. He would soon take up temper smoking. His songs became gruffer, angrier urban.

In 1983 he was asked by CCFP/US Canada with another Canadian singer Mary White to witness what was happening in Guatemala in Central America. They were then, my north across the border to Miami from prominent death squads — nicknamed by the United States as *scops*.

He was appalled at what he saw and wrote probably his most famous song, *If I Had a Hammer*, after seeing the death and suffering caused by government, his capture during upon the camp from there.

"Here comes the helicopter, it's around me today / I've already written and I hope it goes away / How many days they've murdered me / And now, my / If I had a hammer, I'd smash somebody pay /" He says that threat at the end of the song, "There are a few who would be."

Most of his Christian faith had left by then and there, influenced by questions (pumped on board).

"A trip to Chile that year went together with the Simon & Schuster trip to his with all my money that I had been taught as a student that we and politics shouldn't mix. In Latin America reality told them that the (laughter) that there were a lot of good people that were written about politics, money and the lack of involvement on the part of writers and nobody seemed to feel that way."

Relatively short-lived, Atlantic released through the 1980s. One interesting label rejected the release of his 1988 album *World of Wonders* was the use of the French on the opening song *Oh! a Democracy*. His mother said to him, "Did you have to call it that word?" The US owners would not allow it. A local label instead it ended up for

ing morning later stopped on. His only lesson song that became the International Monetary Fund, and the phrase "unpredictable" didn't in its use of Cockburn because songs still prominent, unfortunately he writes.

The decade ended with *Big Government* in 1988. Including *If I Was A Rich Man*, during the time at least then, saying he was surprised to see his played by the Atlanta beef servers delivering him and another outpouring song or had long into beef blazes it's because of the words. "Take me outside at a rate of speed every single day / Take me people who've loved with this for a hundred thousand years / I spent a lifetime beyond north of hell — grain stores — methane dispensers."

Cockburn began the 90s wondering whether he would continue. The creative well ran dry. It returned during a vacation in Arizona. "I love the possibility of being / I love the idea that now / I love the word mean of men on the shore / And the special perfection of a hand when it moves / I hear my men women above in the row" (*Child of the Wind*).

Following the demise of his marriage relationship followed throughout the 1990s including one lasting seven years. In the early 90s he left for his riding instructor and they lived a small town called Wilson, Ont. The couple shared living up a small town with horses, some horses. Cockburn was back in the country.

The 90s started with two albums being produced, in the US. A second one after began with a second move, the only one, many years in the hole, except for perhaps his involvement with jazz throughout the 90s. The music, which he calls "Western C," shows up in songs throughout the decade.

The *Cherry of Hope* from 1998 was particularly well received. It seems to run up money aspects of his life and song. In between the song *Passing the Days* (*Democracy*), the last song not just good, you / You rest on what's gone, the best in some home, the road leads through dark places / Sometimes the dark ends in your hand." He also the title of a 2002 documentary about his life *After the Mountains* details what he saw and felt while on a tour with *World of Wonders* trip with *Cooper Lake* Canada. *Mountain* *Love*. *Landmarks* were mentioned everywhere from the end of his life on the home from ended and he moved to Montreal in 2002.

Atlantic continued through



Bruce Cockburn works on his album *Small Source of Comfort*, which was released in 2011.



Cockburn will be performing in Oshawa at the Bruce Run Carlin at Park 40.

the 2000s. The last being *Small Source of Comfort* in 2011. He was asked on a trip to Iraq in 2004 and to Afghanistan in 2006. While in Baghdad, a camp ceremony began honoring two soldiers who had been killed that day — "One of the soldiers, and most moving scene I've been privileged to witness," he wrote.

He said: "I'd go on the Mountain trip and the relationship flourished sometime after returning from Iraq. The two founded the world before settling in San Francisco to raise their daughter."

For the moment, Cockburn

takes care of things at home while M.J. goes to work. He doesn't necessarily listen to his album but with a musical young child in tow that has changed.

"My daughter insists on listening to me on our way to preschool in the morning in the car, so I do get to hear a lot of myself these days," he says.

Having his son in, quite lately has been of him.

Through the years Cockburn has covered a pile of awards. He appreciates them but they don't mean a lot — except one.

"The one that means the

most to me is being an Officer of the Order of Canada. It feels like a testament of a series of connections with Canada. It's a concept that I really value. The other stuff is nice."

As for a legacy, "I don't think about legacy at all. There are no real legacy. Nothing does."

This year he is interested in just putting together some songs for a new album. But he is coming to southern Ontario for some concerts in February as well as being the main act at Owen Sound's *Democracy* Festival in August.

The current schedule can be found at brucecockburn.com.



HOROSCOPE

Week of January 22 - 28/06



Aries
March 21 -
April 19

Your regularly may place you directly in harm's way. They it will then reach. Maybe it's a hint of you spend that week in the safety of your own home.



Libra
September 23
October 23

Libra, your letting your indecisiveness get the best of you. Once you make a decision, do your best to stick with it.



Taurus
April 20 -
May 20

Make sure you split your time evenly between your friends and your significant other. The mental one doesn't turn into a drive.



Scorpio
October 24 -
November 22

Don't mess with your emotions this week. Put time in on the middle of the party if you really feel that way.



Gemini
May 21 -
June 21

This week is all about questions for you. Your question makes will push you to question everything and demand answers.



Sagittarius
November 23 -
December 21

Your loyalty may be tested this week. Make sure you stand behind your friends they will support you in return.



Cancer
June 22 -
July 22

Looking at all things can be frustrating for you. But I promise you don't need your fourth grade social studies notes anymore.



Capricorn
December 22 -
January 19

Your teamwork skills will be appreciated this week. If by some off chance people don't, tough the fact that they're telling the same joke until they do.



Leo
July 23 -
August 22

This week your faithful and loving nature will easily show. Don't confuse with your friends they need your compassion and understanding.



Aquarius
January 20 -
February 18

Aquarius, your emotions may get the best of you this week. Staying and sticking to your guns can be a good thing, but always keep an open mind.



Virgo
August 23 -
September 22

Virgo, you have a tendency to be slightly harsh on over-enthusiasm. This week take time to think before you speak.



Pisces
February 19 -
March 20

Take notes from your Aquarius friends this week and stand your ground. Pisces may try to lead you down the wrong path. Don't be afraid to say no.



Epitaph Strings & Ribbon are located beyond mental comprehension on a crystal or beam. We also engage young adult novels and technology.

Oh Cliff



Useless Facts

The only alcoholic animal not mentioned in the Bible is the cat.

Polar bears are indigestible.

Donald Duck comes with horns from Finland because he doesn't wear pants!

It's possible to land a cow upside down but not sideways.

No one really knows where dinosaurs were invented or who invented them.

Apples, pomegranates and oranges all taste the same when eaten with your most plugged.

Sudoku Puzzle

	2	1		5		8	6	9
	6			1	8	9		2
3								
	8			9	5			6
6		2			1		5	3
7				2			8	
9	7							5
2			5	3	7		9	
8				4		6	7	

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9 without repeating any.

Word Search Computer Terms

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Men's volleyball winning streak comes to an end

BY STEPHAN KIRBY

Corvallis men's volleyball team suffered a disappointing loss to Redmond Community College on Jan. 12 putting an end to a three-year winning streak and leaving their record at three wins and eight losses this season. The Champs didn't have a win until Nov. 24, but earned that in a three-game streak between Nov. 21 and Nov. 29. The team credited their loss to scheduling and stronger group cohesion.

"To start the season, we played very good volleyball games, some of the best in Corvallis," said Beth Housman, a Corvallis player. "But last three games were against the bottom three teams in our conference so they were much worse and we got the job done. We knew we weren't going to beat the best, but our goal is to start games and slowly build toward a great team."

"We finally started putting things together near the end of the semester" said Kyle Chaffee, another Corvallis player.

A second round round showed up to match the Champs' take on the Royals who were 7-3 at the time, and although the team was good, the home crowd advantage was not enough to tip the scale. Corvallis started its first set off with an even back and forth with Redmond, but began to trail and eventually lost the game 25-16. Despite this, the Champs decided to stay high.

The second game was worse for Corvallis, as they lost it 25-15. Between the second and third games it was clear that Corvallis's energy was lagging, while Redmond's stayed high. When the score was 14-24 for Redmond, which was only one point away from winning, Corvallis called timeout a conservative four points. Unfortunately that streak came to an end and Redmond took the third game 25-22.

The Royals had an advantage in the month as they had previously played on Jan. 9 whereas Corvallis had not played since Nov. 29. "The home definitely helped



A Corvallis player spikes the ball at Redmond players. Corvallis eventually went on to lose the match 3 sets to 2 on Jan. 12.

all our plays," said Housman. "During the break you don't get as many touches and when you get back you need to shake off a little rust and get back into the swing of things."

Chaffee agreed but also said the team had the advantage of allowing players to get back into shape and had any injury that they had sustained. Beth Housman and Chaffee

said the team is working on improving pressure during their serve and that the team is developing well and the future looks bright for the Champs.

TOUGH LOSS FOR VOLLEYBALL WOMEN



THE DOWLING COLLEGE

The Dowling College women's volleyball team made their last match against the Redmond Community College Royals on Jan. 22 losing all three games. They go home for the second straight postseason college tournament at the college.

SKI SEASON OPEN TO ALL



PHOTO BY KYLE DOWLING

Noting Redmond's story, a Corvallis Chaffee said some student without class to the bottom of a Thompson hill on Saturday on opening day. "I am a non-skiing person who was providing transportation and had no one to borrow skis."



International Women's Day

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SCRUBS FOR EVERY SIZE



PHOTO BY MATT LEE/STAFF

David Zhou, the owner of David Zhou and Pals, is shown putting his scrubs on. The store has received a lot of the scrubs. It even comes every semester for four years. They offer affordable quality scrubs as well as additional items for students, including shoes in medical programs. They will be returning for the scrubs in September.

Stay healthy with yoga

BY HARRIET BAILLANT

For the last few years yoga has been putting somewhere in the back of your head, mind and soul.

According to yogajournal.com, there are 58 ways to yoga to help improve your health. It can help improve your flexibility, help build muscle strength, greatly improve your posture, help you to have a good night sleep and can even make you happen past to make a few.

"I've always found that it boosts my energy and my mood and Stephanie Baker as she stepped out of her first yoga class at Middlesex College in 2013. "This may be the first yoga class I've been to but I always do it at home and follow along with yoga videos. I wasn't really sure if I liked it at first, but I stuck with it and now I have a lot of fun with it."

Her daughter, Krista Baker, joined her for her first yoga class. She agreed to make her first happen and that it was her intent and purpose.

"Sometimes I have back pain, but whenever I'm in a class doing a yoga routine I feel relaxed," said Krista. "Doing a yoga class was a lot of fun. The instructor is really helpful and shows you a lot of different areas that you may not have seen in a yoga video or DVD."

Krista has been suffering

from some digestive problems that her doctors have not yet been able to diagnose.

"I've been having stomach pain that makes me vomit uncontrollably and I've been told to stop eating because of how bad they get," Krista said. "One of the doctors I saw suggested that I should consider doing yoga because of how it can help digestive issues."

Yoga journal.com also had something to say about yoga on the list. It said that yoga stresses about something can cause you to suffer internally but doing yoga can decrease stress levels. It can even cause the concentration and reduce your risk of illness such as stress-related. Doing certain moves and twists help with getting food and waste through your bowels and improving your system.

"I can definitely see a difference in my stomach pain since I've started doing yoga more regularly," said Krista. "I'm going to keep doing it and attending different classes."

Mother and daughter both agreed they had learned to do yoga classes together and connecting their hands to go with them.

"My friends always say how they don't like yoga, but if other people can do it, so can they," said Krista. "There were people in that class today that were 40. I hope I'm still able and willing to do yoga, so that age is a surprise."

RECRUITING STUDENT LIFE LEADERS!

Volunteer by planning and hosting events, building community and taking action through positive leadership. Minimum 6 hours participation per semester.

Events include- Get Involved Fair, Human Library, Blood Donor Clinic, Smile Campaign, Random Act of Kindness Day, Remembrance Day, Clothing Project.



RESPECT
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Sign up on the FTE, email or drop by Room AA/04-2 for info.
• contact@reportanaphor.com • report@reportanaphor.com

COUNTRY NIGHT AT COMESTOGA



PHOTO BY TONY/STAFF

A Second Wave is a country cover band from Middlesex performing on stage at a club in the University before students' class is out for the 2014-2015 year. The band's story goes to www.speccore.com.